



Detailed Implementation & Financial Report

Youth SRHR Outreach in Mumbwa (2024)

1. Project Overview

- **Title:** Youth Sexual and Reproductive Health & Rights (SRHR) Outreach
 - **Location:** Mumbwa District, Central Province, Zambia
 - **Duration:** January – December 2024
 - **Purpose:** To enhance SRHR knowledge and awareness among rural adolescents via peer-led education and supportive youth-led clubs.
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2. Background & Rationale

- Zambia faces high rates of adolescent sexual activity: 32% of ages 15–17 and 60% of ages 18–19. Contraceptive use remains low (~12%) among female adolescents
 - Rural youth, particularly in areas like Mumbwa, are disproportionately underserved due to cultural norms and limited youth-friendly services
 - Peer educator programs and youth clubs have shown effectiveness in improving SRHR outcomes, creating safe spaces, and reducing stigma
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3. Activity Components

- **Training Peer Educators:** Equipped local youth with knowledge and facilitation skills to conduct SRHR sessions.
- **School Outreach:** Held interactive sessions in five rural secondary schools.
- **Formation of Youth Clubs:** Established two peer support clubs to continue engagement.
- **Distribution of SRHR Materials:** Developed and shared pamphlets and posters tailored to adolescents.
- **Community Dialogues:** Engaged parents, teachers, and leaders in de-stigmatizing SRHR conversations.

4. Detailed Execution Phases

Phase	Description
Phase 1 – Planning & Training (Jan – Mar 2024)	Developed culturally appropriate SRHR content; trained 10 youth educators in facilitation and adolescent communication.
Phase 2 – School Outreach (Apr – Jun 2024)	Delivered weekly SRHR sessions to ~100 students per school using participatory methods.
Phase 3 – Club Establishment & Material Rollout (Jul – Sep 2024)	Formed two youth clubs; designed and distributed 500 brochures and posters on SRHR.
Phase 4 – Community Engagement (Oct – Nov 2024)	Held two community dialogue events to address misconceptions and encourage support.
Phase 5 – Monitoring & Wrap-Up (Dec 2024)	Conducted surveys to assess impact; gathered testimonial feedback and compiled final report.

5. Implementation Timeline

Period	Activity Phase
Jan – Mar 2024	Planning & Peer Educator Training
Apr – Jun 2024	School-Based SRHR Sessions
Jul – Sep 2024	Club Formation & Materials Distribution
Oct – Nov 2024	Community Dialogue Events
Dec 2024	Monitoring, Evaluation & Reporting

6. Outcomes & Impact

- **Youth Reach:** Roughly **500 students** participated in SRHR sessions across five schools.
 - **SRHR Knowledge Gain:** Post-program surveys reflected a **75% increase** in self-reported SRHR awareness.
 - **Safe Spaces Created:** Two youth clubs now function as peer dialogue platforms.
 - **Community Support:** Dialogue sessions promoted open discussions, with local leaders endorsing continued youth engagement.
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7. Key Partners

- **District Health Office (Mumbwa):** Provided technical guidance and support.
- **Local Schools & Educators:** Enabled school access and facilitated sessions.
- **Peer Educators (Youth):** Core implementers of outreach and club activities.
- **Community Leaders & Parents:** Engaged in dialogues to build trust and support.

8. Youth Interview Excerpts & Community Testimonials

“These sessions gave us confidence to talk about issues we had been too shy to address. Our club allows us to share and support each other.”

— **Thandiwe Zulu**, Student & Club Member

“As a parent, I now understand why talking about SRHR matters is not only important, but life-saving for our children.”

— **Mrs. Mwansa**, Community Parent

9. Financial Report – Amplify Grants Funding

Grant Amount: \$10,000 (from Amplify Grants)

Budget Item	Amount (USD)	Description
Peer Educator Training	\$1,500	Venue, facilitation, materials
Outreach Sessions (Schools)	\$2,500	Travel, refreshments, session facilitation
Materials Production & Distribution	\$1,000	Brochures, posters, printing
Youth Club Setup	\$1,000	Supplies, meeting space cost
Community Dialogue Events	\$1,500	Venue, refreshments, admin
Monitoring & Evaluation	\$1,000	Survey tools, analysis, report design
Administration & Logistics	\$1,000	Coordination, communications, office support
Contingency (5%)	\$500	Buffer for unforeseen costs
Total	\$10,000	Fully allocated

Approved by:



Naomi Chishimba
Executive Director
Lusceiy Youth Multi-Purpose Cooperative Society

Date: 09th January 2025